



Sanctions Cross-Country: Disqualification – Competition Suspension
Time Penalty – Written Reprimand – Monetary Fine – Verbal Reprimand

Date: Race Code:
Competition:
Name of offender:
Member #: Athlete: Team Official:
Offender's hearing location: Time:

Violation against ICR article:

- ICR 343.4 **False Start:** For Interval & pursuit Start time penalty
- ICR 343.6 **Did not follow the marked course**
- ICR 343.8 **Violation of the classical technique rules** (Includes violation of pole height, technique, or turning zones)
- ICR 343.9 **Obstruction:** deliberately impeding, blocking (by not following best line), charging or pushing any competitor with any part of the body or ski equipment.
- ICR 344.1 **Not following special regulations of the Jury**
- Other

Evidence:

Remarks:
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Sanction decided by the Jury:

Time:

- Verbal Reprimand
- Disqualification
- Competition suspension (*Competition suspension is always accompanied by a Written Reprimand*)
- Written Reprimand (*Yellow Card*)
- Time Penalty (*for Interval Start 15 seconds, for Pursuit Time gained plus 30 seconds*)
- Monetary Fine: 250 USD or:

Name and Signature TD:

Signature of offender:

Copy to:

- Offender
- U.S. Ski and Snowboard Nordic Office - mackenzie@usskiandsnowboard.org
- CC Officials - Allan Serrano, allanserrano@gmail.com