



U16 National Performance Series
January 8-12, 2018
Burke Mountain, VT

Dear U16 Athletes:

Congratulations! You are invited take part in the 2017-18 U16 National Performance Series (NPS) project at Burke Mountain, VT. This project is part of the National Development System and athletes such as yourself have been selected based on high-level results over the past season.

NPS projects are training and competition events that occur throughout the season to provide multiple developmental opportunities for the best athletes in their age group nationally. Athletes have been selected to participate based on regional and national performances over the last year. A list of all invited athletes and other details can be found on the following pages. The project will be run by U.S. Ski & Snowboard staff and will also include club coaches from across the country. Stimulating long-term growth and preparing athletes for future international competition are the overarching goals.

Burke is the second of two national U16 projects during the 2017-18 season. This project will focus on high-quality training and racing, beginning with two days of SL and finishing with three days of GS. Race results will be used for selection to compete at the Seven Nations Cup in Liechtenstein in February. Off-snow, the focus will be on recovery at Burke Mountain Academy's Ronnie Berlack Center, video, ski preparation, and evening study hall. All athletes should come with a growth mindset, prepared to learn and push themselves to a higher level.

We look forward to working with you at Burke in January!

Sincerely,

Chip Knight
Alpine Development Director
U.S. Ski & Snowboard
chip.knight@usskiandsnowboard.org



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Project Goals

- Exposure to the best U16 athletes in the country
- High-quality race-preparation training in SL and GS
- High-intensity racing to earn a spot to race at the Seven Nations Cup

Schedule

Sunday, January 7 – Arrival in Burke, VT, Evening meeting
Monday, January 8 – SL training
Tuesday, January 9 – 2 SL races
Wednesday, January 10 – GS training
Thursday, January 11 – GS race, followed by GS training
Friday, January 12 – GS race; Afternoon departure

Travel Logistics

Western and Rocky/Central regions will organize air and ground transportation logistics for their athletes and coaches. Eastern Region athletes and coaches will organize their own ground transportation. Everyone should arrive by 5pm on Sunday, January 7.

Lodging and Meals

Burke Mountain Hotel and Conference Center
2559 Mountain Rd.
East Burke, VT 05832
(802) 626-7400

National Staff

Chip Knight: National Alpine Development Director
Kathy Okoniewski: Eastern Region Youth Development Coach
Ian Dunlop: Rocky/Central Region Development Coach
Jeff Pickering: Western Region Youth Development Coach

Regional Staff

Three club coaches from each region, to be named by U.S. Ski & Snowboard staff discretion.



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Athletes

Women

Zimmermann, Zoe (National)
Romanov, Dasha (National)
Bocock, Mary (National)
Sullivan, Georgie (National)
Rountree-Williams, Nicola (National)
Cornelius, Allyson (National)
Blair, Ella (East)
Braun, Jenna (East)
Castner, Haley (East)
Trudeau, Samantha (East)
Lathrop, Chloe (East)
Frischholz, Berit (Rocky/Central)
Jemison, Ava Sunshine (Rocky/Central)
Birtwhistle, Emma (Rocky/Central)
Resnick, Emma (Rocky/Central)
Cassidy, Carisa (Rocky/Central)
Neu, Aliza (West)
Holm, Julia (West)
Severn-Ericksson, Annika (West)
Washburn, Isabelle (National Development)
Hoyt, Taylor (National Development)
Braun, Grace (National Development)
Shaw, Pernilla (National Development)
Welter, Ariana (National Development)

Men

Richeda, Nicolas (National)
Reich, Jack (National)
Holm, Fletcher (National)
Hall, Wyatt (National)
Sarchett, Ryder (National)
Unkovskoy, Nicholas (National)
Parys, Maxx (East)
Mann, Aiden (East)
Kearing, Luke (East)
Vilandrie, Nevin (East)
Robin, Aiden (East)
Owens, Cam (Rocky/Central)
Washburn, Marat (Rocky/Central)
Puckett, Cooper (Rocky/Central)
Gedeon, Cole (Rocky/Central)
Flanigan, Bode (Rocky/Central)
Parazette, Oliver (West)
Thomas, Dylan (West)
Turner, Teagan (West)
Grossman, Buey (West)
Herhusky, Ryan (West)
Berghult, Adam (National Development)
Postal, Andrew (National Development)
Gillis, Daniel (National Development)



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Europe – Seven Nations Cup

February 8-9, 2018

Malbun, LIE

Project Leader: Ian Dunlop

Travel dates: January 30 - February 10

Selections: 6 Girls and 6 Boys from U16 NPS races at Burke

- Objective: 5 Girls and 5 Boys
 - U16 NPS race winners (up to 4)
 - Remaining spot(s) filled using an overall ranking of athletes by WC points using the best 3 of 4 U16 NPS races (or one less than the total number of U16 NPS races)
- Discretion: 1 Girl and 1 Boy

Longines Future Ski Champions

March 15-17, 2018

Are, SWE

Project Leader: TBD

Travel dates: TBD

Selection: 1 Boy from U16 NPS races at Burke

- 1st U16 NPS GS ranking (based on total WC points from both Burke GS races)