Evaluator Name: _____

Date: _____

Trail: _____

Steps & jumps

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale:

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembled the skills	Task is unrecognizable

Skill-Specific Deductions:

Steps & Jumps

Starting with a perfect score of 10, subtract **up to:**

- 2 points for not maintaining straight run down the fall-line
- 1 point every time the ski tips are the only part of the ski that is off the snow
- ½ point every time the ski tails are the only part of the ski that is off the snow
- 1 point for every jump or landing not on both feet simultaneously
- 1 point for a widening or narrowing of stance
- 1 point for not maintaining flat skis on the snow
- ½ point every time skier uses their upper body to assist in jumping
- ½ point for extra leg flexion or pump between each jump

Evaluator Name: [   ]

Date: [   ]

Trail: [   ]

Basic outside ski turns

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale:

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembled the skills	Task is unrecognizable

Skill-Specific Deductions:

Basic outside ski turns

Starting with a perfect score of 10, subtract **up to:**

- 1 point for every 10% of the drill cycle the inside ski is not carried off the snow. For example, if the inside ski is on the snow for 30% of the drill cycle then deduct 3 points

- 1 point for every turn that the pole is used for balance

- ½ point for every non-round turn shape

- ½ point for every turn that is not close to a carved turn

Evaluator Name: _____

Date: _____

Trail: _____

Hockey stop

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale:

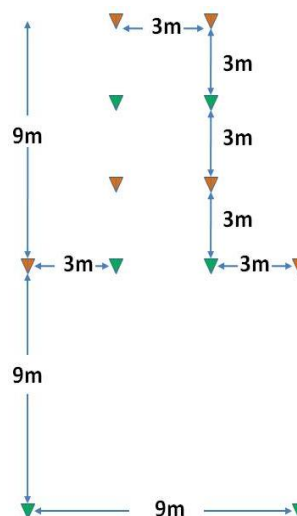| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembled the skills	Task is unrecognizable

Skill-Specific Deductions:

Hockey stop

Total score is the average of the left and right scores.

Starting with a perfect score of 10, subtract **up to:**

- 2 points for not going straight down the fall-line

- 3 points for stepping or sequential movement to pivot

- 1 point for not maintaining a hip width stance

- 1 point for not coming to a complete stop

- 2 points for not staying within the Whisker boundaries

Evaluator Name:

Date:

Trail:

Freeski with parallel skis

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale:

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembled the skills	Task is unrecognizable

Skill-Specific Deductions:

Freeski with parallel skis

Starting with a perfect score of 10, subtract **up to:**

- 2 points for every instance of balance that requires a drastic correction

- 1 point for every turn that is not started in a parallel fashion

- 1 point for every turn that is not round

- ½ point for every turn where speed is not maintained

- ½ point for every turn that is not tipped up on edge and the skis are not carving

Evaluator Name:

Date:

Trail:

Pole jumpers

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale:

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions:

Pole Jumpers

Starting with a perfect score of 10, subtract up to:

- 2 points for not maintaining straight run down fall-line
- 1 point every time skis touch a pole
- 1 point for every jump off one leg or every landing not on both feet simultaneously
- 1 point for a widening or narrowing of stance
- 1 point for not maintaining flat skis on the snow
- 1 point every time skier uses their upper body to assist in jumping
- 1 point for extra leg flexion or pump between each jump

Evaluator Name:

Date:

Trail:

Outside ski turns

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions:

Outside ski turns

Starting with a perfect score of 10, subtract up to:

- 1 point for every 10% of the drill cycle the inside ski is not carried off the snow. For example, if the inside ski is on the snow for 30% of the drill cycle then deduct 3 points

- 1 point for every 10% of the drill cycle that the pole may be assisting balance. For example, if the pole dragged for 30% of the drill cycle then deduct 3 points

- 1 point for every turn that does not end or start with a deliberate and observable weight transfer

- 1 point for less than a two ski length traverse on the uphill ski

- 1 point for every turn that is not of a high degree of carving

- 1 point for every non-round turn shape

Evaluator Name:

Date:

Trail:

Straight run to sideslip with edge set   Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

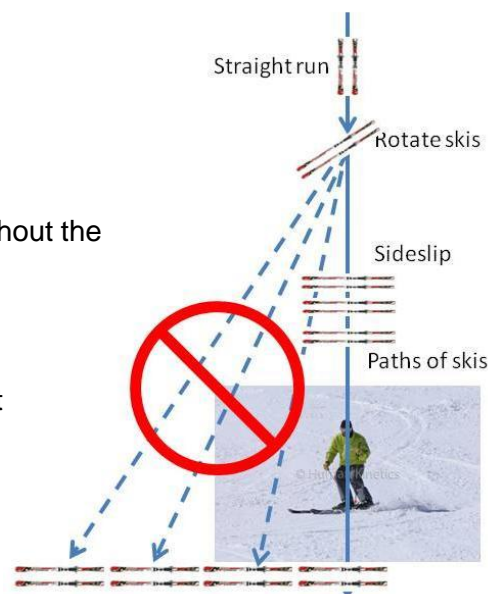| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
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6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions:

Straight run to sideslip with edge set

Total score is pivot left plus pivot right score divided by two (L + R /2).

Starting with a perfect score of 10, subtract up to:

- 5 points for stepping or sequential movement to pivot

- 1 point for every ski length outside the desired sideslip corridor throughout the task

- 1 point for not coinciding pole touch with edge set

- 1 point for not maintaining edge set and quiet posture for 3 seconds at conclusion

Evaluator Name:

Date:

Trail:

Freeski with pole usage

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Freeski with pole usage

Starting with a perfect score of 10, subtract up to:

- 2 points for every instance of balance that requires a drastic correction
- 1 point for every turn that is not round
- ½ point for every turn where speed is not maintained
- ½ point for every turn that does not have a high degree of carving
- ½ point for every missed pole swing

Evaluator Name:

Date:

Trail:

Pole jumpers in tuck

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

	SCORE	SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Pole jumpers in tuck

Starting with a perfect score of 10, subtract up to:

- 2 points for not maintaining straight run down fall-line

- 1 point every time skis touch a pole

- 1 point for a widening or narrowing of stance

- 1 point for not maintaining flat skis on the snow

- 1 point for every jump off one leg or every landing not on both feet simultaneously

- 1 point every time skier uses their upper body to assist in jumping or landing

- 1 point for extra leg flexion or pump between each jump

- 1 point for elbows wider than the knees

- 1 point for every jump that is out of the prescribed tuck range

Elbows stay in this range

Tuck range

Evaluator Name: _____
Date: _____
Trail: _____

One ski skiing

Sheet #_____

Bib/Name	Left	Right	Average	Comments
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Scoring Scale

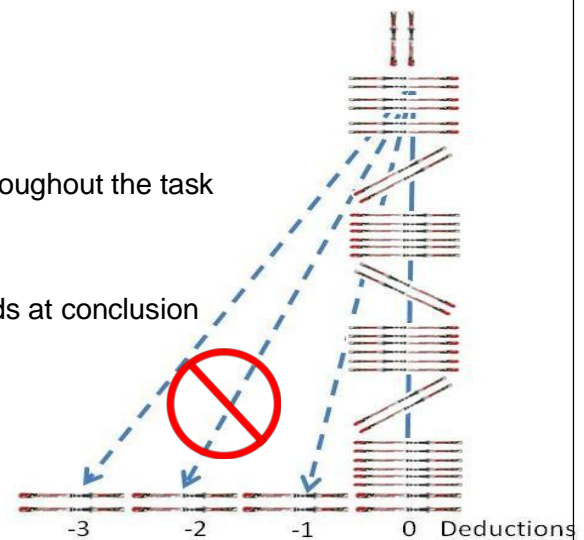| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

One ski skiing

Starting with a perfect score of 10, subtract up to:

- 1 point for every time the ski boot touches the snow

- 1 point for every 10% of the drill cycle that the pole may be assisting balance (e.g., if the pole was dragged for 30% of the drill cycle then deduct 3 points)

- 1 point for every non-round turn

- 1 point for every non-carved turn

- 1 point for every turn that results in a change of radius

- 1 point for each turn that has a change in speed

- ½ point for every swing of the free ski boot

Evaluator Name:

Date:

Trail:

Pivot slips

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

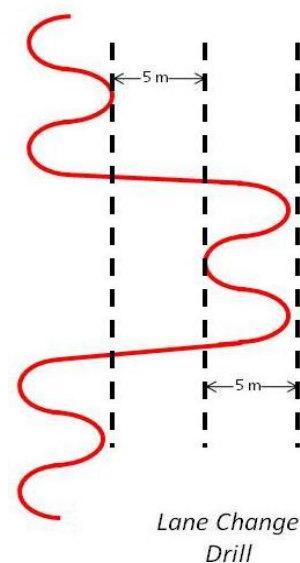|	SCORE	SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
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5	Average	Skill level is average for this level	Average performance of task
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3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Pivot slips

Starting with a perfect score of 10, subtract up to:

- 5 points for stepping or sequential movement to pivot

- 1 point for every ski length outside the desired sideslip corridor throughout the task

- 1 point for not coinciding pole touch with edge set at conclusion

- 1 point for not maintaining edge set and quiet posture for 3 seconds at conclusion

-3   -2   -1   0   Deductions

Freeski – lane changes

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
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3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Freeski with lane changes

Starting with a perfect score of 10, subtract up to:

- 2 points for every instance of balance that requires a drastic correction
- 1 point for every turn that is not round
- 1 point for not skiing in lane
- 1 point for every deviation in speed
- 1 point for each traverse not across the fall-line
- 1 point for each lane change turn that does not mimic the radius of the previous turns
- 1 point for every missed pole swing

Lane Change Drill

Evaluator Name:

Date:

Trail:

Straight run in wave track

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
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5	Average	Skill level is average for this level	Average performance of task
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3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Straight run in wave track

Starting with a perfect score of 10, subtract up to:

- 2 points for not maintaining straight run down the fall-line

- 2 points for not working terrain and gaining speed

- 1 point every time weight is not evenly distributed between left and right ski

- 1 point for every roll the athlete is excessively forward or aft relative to the task

- 1 point for not maintaining flat skis on the snow

- 1 point for every time athlete is in the air

- 1 point for widening or narrowing of stance

- 1 point for elbows outside the knees in tuck

- 1 point for every roll the athlete is not in a tuck

One ski skiing with lane changes

Sheet #_____

Bib/Name	Left	Right	Average	Comments
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Scoring Scale

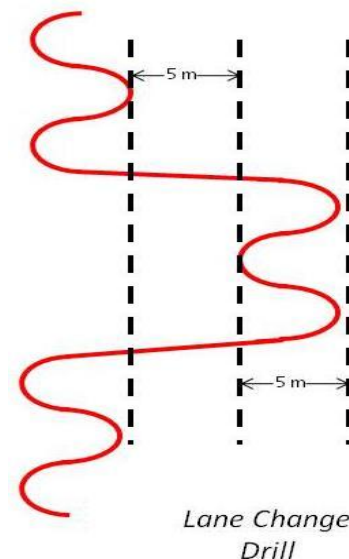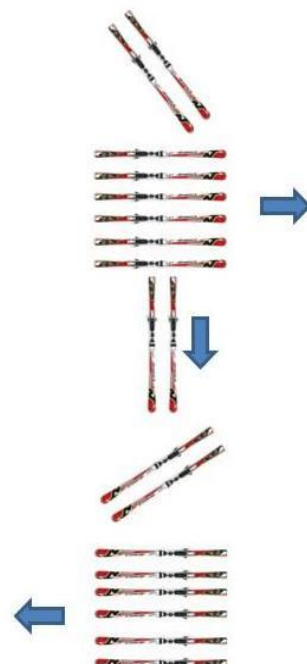| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
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4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

One ski skiing with lane changes

Total score is the average of the left and right scores.

Starting with a perfect score of 10, subtract up to:

- 1 point for every time the ski boot touches the snow

- 1 point for every 10% of the drill cycle that the pole is assisting balance

  - (e.g., if the pole was dragged for 30% of the drill cycle then deduct 3 points)

- 1 point for every non-round turn

- 1 point for having corridors of unequal width

- 1 point for each change in speed during trial

- 1 point for every non-carved turn

- 1 point for every turn that results in a change of radius

- ½ point for every swing of the free ski boot

Lane Change Drill

Sideslip to straight run to sideslip

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

	SCORE	SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Sideslip to straight run to sideslip

Starting with a perfect score of 10, subtract up to:

- 5 points for a stepping or sequential movement to pivot
- 1 point for every ski length outside the desired sideslip corridor throughout the task
- 1 point for not coinciding pole touch with edge set at conclusion

- 1 point for not maintaining edge set and quiet posture for 3 seconds at conclusion

Evaluator Name:

Date:

Trail:

Freeski – hourglass

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

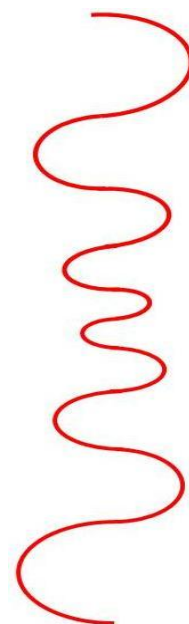| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Freeski-hourglass

Starting with a perfect score of 10, subtract up to:

- 2points for every instance of balance that requires a drastic correction
- 1 point for every turn that is not round
- 1 point for every abrupt change in radius or speed
- 1 point for each asymmetric hourglass shape left-to-right or top-to-bottom

Evaluator Name: _____

Date: _____

Trail: _____

Linked turns in wave track

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

	SCORE	SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
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2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Linked turns in wave track

Starting with a perfect score of 10, subtract up to:

- 2 points for not working terrain and gaining speed

- 1 point for every roll the athlete is excessively forward or aft relative to the task

- 1 point for every time athlete is in the air

- 1 point for every time two turn apexes are in the same place (e.g., backside then backside would be deducted a point)

- 1 point for every non-round turn

- 1 point for every non-carved turn

Evaluator Name:

Date:

Trail:

One ski skiing without poles

Sheet #_____

Bib/Name	Left	Right	Average	Comments
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
7	Very Good	Skills are refined	Several turns or dimension may need slight tuning
6	Good	Skill level is above average	Task is performed above average
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3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

One ski skiing without poles

Total score is the average of the left and right scores.

Starting with a perfect score of 10, subtract up to:

- 1 point for every time the ski boot touches the snow

- 1 point for every non-round turn

- 1 point for each abrupt change in speed

- 1 point for every non-carved turn

- ½ point for every swing of the free ski boot

Evaluator Name:

Date:

Trail:

Hop turns

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
8	Excellent	Couple small changes needed	One turn or dimension may need slight refinement
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3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Hop Turns

Starting with a perfect score of 10, subtract up to:

- 1 point every time there is a break in rhythm

- 1 point for not maintaining "Z" pattern

- 1 point for every time ski tips or tails are unduly elevated relative to the rest of the ski

- 1 point for each time not establishing an edge at landing

- 1 point for each sequential leg take off

- 1 point for each sequential leg landing

- ½ point for not stopping after last hop

- ½ point for not remaining motionless for 3 seconds

Freeski – varied terrain and snow conditions   Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

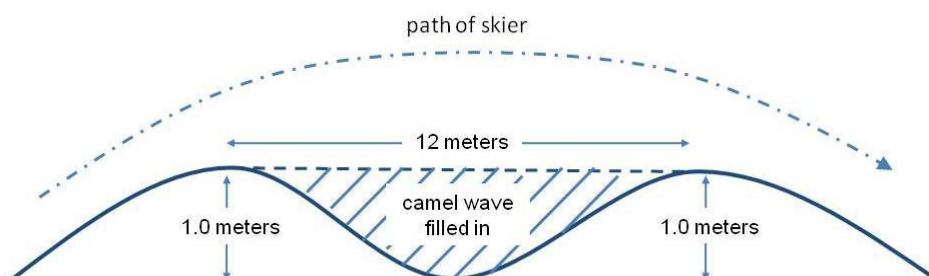| SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
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5	Average	Skill level is average for this level	Average performance of task
4	Fair	Adequate skills	No problem identifying the task although needs refinement
3	Mediocre	Substandard skills	Slight problem identifying the task although need improvement
2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Freeski- varied terrain and conditions

Starting with a perfect score of 10, subtract up to:

- 4 points for slow speed
- 2 points for every instance of balance that requires a drastic correction
- 2 points for every landing in which the skis do not parallel the angle of the slope
- 1 point for every turn that is not round
- 1 point for every turn that is not of consistent size
- ½ point for every turn where speed is not maintained
- ½ point for every instance skis are not parallel
- ½ point for every instance skis deviate from initial equidistant posture

Evaluator Name:

Date:

Trail:

Camel jump in wave track

Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
10	Perfect	Flawless execution	Nothing to change
9	Outstanding	Smallest of change needed	Smallest of alteration desired
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2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Camel jump in wave track

Starting with a perfect score of 10, subtract up to:

- 3 points for not landing on down slope of final wave

- 3 points for landing on ski tails or tips

- 2 points for excess hand motion in the air (rolling down the windows)

- 2 points for not jumping from or landing on both feet simultaneously

- 2 points for not working terrain and gaining speed in the waves preceding the camel feature

- 1 point for not maintaining straight run down fall-line with consistent stance width

- 1 point for not maintaining flat skis on the snow or getting air prior to camel

- 1 point for every roll the athlete is not in a tuck prior to camel

- 1 point for elbows outside the knees in tuck

One ski skiing hourglass

Sheet #_____

Bib/Name	Left	Right	Average	Comments
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
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10.				
11.				
12.				
13.				
14.				
15.				

Scoring Scale

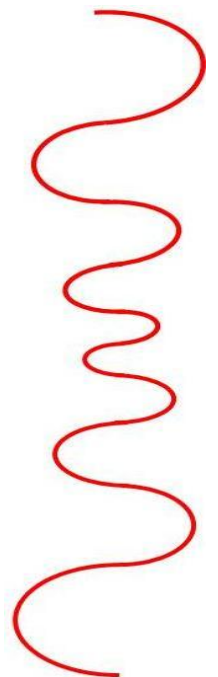|	SCORE	SKILL	TASK
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2	Poor	Vague demonstration of skills	Task performance is vague
1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

One ski skiing hourglass

Total score is the average of the left and right scores.

Starting with a perfect score of 10, subtract up to:

- 1 point for every time the ski boot touches the snow

- 1 point for every 10% of the drill cycle that the pole is assisting balance (e.g., if the pole was dragged for 30% of the drill cycle then deduct 3 points)

- 1 point for every non-round turn

- 1 point for each abrupt change in speed

- 1 point for each abrupt change in turn radius

- 1 point for non symmetry of hour glass shape side-to-side

- 1 point for non-symmetry of hour glass shape top-to-bottom

- ½ point for every swing of the free ski boot

Evaluator Name:

Date:

Trail:

Vertical brush quickness course

Sheet #_____

Bib/Name	Criterion time	Course time	Brushes missed	Comments	Score
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					

Scoring Scale

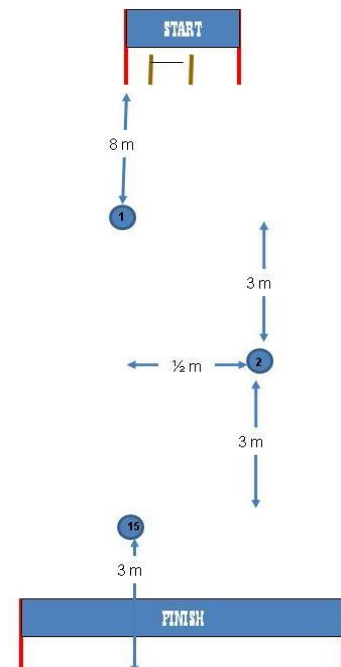| SCORE		SKILL	TASK
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Skill-Specific Deductions

Vertical brush quickness course

Starting with a score of 10 subtract:

- 1 point for every brush missed

- 1 point for every 10% above the athlete's criterion time

Evaluator Name: _____

Date: _____

Trail: _____

Freeski moguls- in "V" shaped corridor   Sheet #_____

Bib/Name	Score	Comments	Bib/Name	Score	Comments
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

Scoring Scale

SCORE		SKILL	TASK
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1	Very Poor	Grossly deficient skills	Task performance is difficult to distinguish
0	Inability	Nothing resembling the skills	Task is unrecognizable

Skill-Specific Deductions

Freeski moguls in "V" shaped corridor

Starting with a perfect score of 10, subtract up to:

- 4 points for slow speed
- 2 points for every instance of balance that requires a drastic correction
- 1 point for every turn that is not round
- 1 point for every abrupt change in radius or speed
- 1 point for each asymmetric shape left-to-right
- ½ point for every turn where speed is not maintained